SHELEAH CUMMINGS

Lansing, IL 60438 | 708-574-3011 | leahbopqueen04@gmail.com

PROFESSIONAL PROFILE

Psychology undergraduate at Northern Illinois University with a 4.0 cumulative GPA and experience supporting children and individuals with care needs. Interested in child development, children's mental health, developmental disabilities, and pediatric psychology. Brings a strong foundation in caregiving, behavioral support, undergraduate research, and community engagement.

EDUCATION

Northern Illinois University | *Expected Fall 2027*

B.S. in Psychology | Minor: Family and Child Services | Adolescence Certificate

Florida Agricultural and Mechanical University

College coursework in Early Childhood Education and Psychology

HONORS & ACADEMIC RECOGNITION

4.0 cumulative GPA | NIU Honors Student | Ari and Ruth Kovacevich Scholarship recipient | Lambda Sigma Omicron | Kappa Omicron Nu, Omicron Beta Gamma | National Society of Leadership and Success (NSLS) | National Society of Collegiate Scholars (NSCS)

RESEARCH EXPERIENCE

Undergraduate Research Contributor – NIU Esports Research | 2026

- Contribute to an undergraduate research project focused on developing evidence-based mental performance programs for collegiate gamers.
- Explore communication, emotional regulation, and confidence as areas relevant to team performance.
- Support research proposal development, review scholarly literature, and identify relevant research findings.
- Contribute to data presentation and visualization and the development of a research poster for dissemination.

RELEVANT EXPERIENCE

Illinois Department of Human Services – Division of Rehabilitation Services | Individual Provider / Personal Assistant | January 2025–Present

- Provide individualized assistance with daily living activities, including meal preparation, housekeeping, laundry, bathing, grooming, and dressing.
- Support routines and personal care needs while promoting comfort, dignity, and independence.

Childcare Provider / Babysitter-Nanny | Lansing, IL | January 2020–April 2025

- Provided attentive care for children of different ages, supporting safety, daily routines, and age-appropriate learning and play.
- Assisted with homework, reading, and the development of communication, social, and self-regulation skills.
- Provided one-on-one support for a child with developmental and behavioral support needs, including assistance with routines and therapeutic exercises.

LEADERSHIP & COMMUNITY SERVICE

- President, Environmental Club – Thornton Fractional South High School
- President, Peer Mediation Club – Thornton Fractional South High School
- Volunteer support for church food drives and a women's health shelter

RELEVANT SKILLS

Childcare and caregiving • Child development • Behavioral support • Applied behavior analysis • Developmental disabilities • Data collection • Research and literature review • Data presentation and visualization • Communication and teamwork • Meal preparation and personal care