

Qingshao Zuo

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EDUCATION

Duke Kunshan University (DKU) & Duke University Dual Degree

Class of 2028

- GPA: 3.7/4.0; Dean's List: Spring 2025.
- Major: Global Health (Biology)

PROFESSIONAL EXPERIENCE

Innovative Techniques in Global Health& Health Education Symposium.

April 2026

Student Presenter

Kunshan, China

- Delivered a presentation on learning outcomes and the application of AI in health education.
- Used AI-assisted learning methods to support research development, content organization, and presentation preparation.
- Highlighted the role of AI in improving learning efficiency, academic engagement, and understanding of global health topics.

Healthcare Operations & Consulting Extern

June-July 2026

Extern × Institute of Mental Health (IMH).

Remote

Selected as a Top Performer by the Institute of Mental Health.

- Analyzed acute mental-health care coordination workflows using stakeholder mapping, process mapping, and root cause analysis to identify post-discharge follow-up gaps, workflow failures, and hidden operational risks.
- Designed a role-specific decision-support dashboard for case managers, translating workflow insights into patient-risk indicators, missed-follow-up alerts, caseload visibility, escalation logic, and recommended actions.
- Developed decision trees, workflow visualizations, scenario-based prototype evaluations, and a change-management plan covering staff training, adoption barriers, rollout strategy, and success metrics.

LEADERSHIP & SERVICE

Co-innovate at DKU

Feb 2026-present

Student Ambassador

Kunshan, China

- Serve as student team leader for the Suzhou Culture Promoting Project, organize the development of the main website.
- Coordinate project planning, stakeholder communication, and event design to promote local culture among university communities.
- Lead a student team in developing creative engagement strategies, including cultural events and campus outreach initiatives.

Duke CEO

July 2025-present

Member of DKU chapter

Kunshan, China

- Engage in networking opportunities with entrepreneurs and business leaders to expand understanding of startup ecosystems.

Peer for You (PFY) at DKU

Sep 2025-present

Event Planner

Kunshan, China

- Plan and organize student wellbeing and peer-support events to foster a supportive campus community.

Animal Protection Academy (APA) at DKU

Sep 2025-present

Medical& TNR Team member

Kunshan, China

- Support animal welfare initiatives for stray cats.
- Assist with basic medical care, animal transport, and coordination with local veterinary partners.

Tongren Volunteer Teaching Program

May 2026

Volunteer teacher

Tongren, China

- Designed and implemented interactive lesson plans to enhance student engagement and learning motivation
- Adapted teaching strategies to local educational resources and student needs, improving instructional effectiveness
- Provided after-class tutoring and academic support to reinforce foundational knowledge and study habits

ADDITIONAL INFORMATION

Languages: English (IELTS 7.5), Mandarin (native)

Awards: 1/4 Scholarship

Interests: Badminton, baking, Chinese opera, Chinese dance, fitness.

左清少

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教育背景

昆山杜克大学，美国杜克大学（双学士学位）

2028 届

专业：全球健康学（生物方向）

中国昆山

- 绩点：3.7/4.0；2025 春季 Dean's List.

专业经历

全球健康与健康教育创新技术研讨会

04/2026

学生演讲者

昆山

- 围绕健康教育中的学习成果与 AI 应用进行专题展示
- 运用 AI 辅助学习方法支持研究开展、内容整理与汇报准备。
- 探讨 AI 如何提升学习效率、学术参与度以及对全球健康议题的理解。

医疗运营与咨询项目实习 Healthcare Operations & Consulting Extern

07/2025-09/2025

Extern × Institute of Mental Health (IMH)

远程

获项目 Top Performer

- 运用 Stakeholder Mapping、Process Mapping 与 Root Cause Analysis 分析急性精神健康场景下的个案管理流程，识别出院随访、信息交接及高风险患者管理中的流程断点与潜在风险。
- 基于流程分析设计面向 Case Manager 的决策支持 Dashboard，通过患者风险、missed follow-up、caseload、预警及推荐行动等模块提升医疗协同问题的可见性和可执行性。
- 完成决策树、流程图、场景测试及 Change Management Plan，覆盖系统推广、员工培训、使用阻力和效果衡量，并获 Institute of Mental Health Top Performer。

实践经历

昆山杜克大学创新创业

02/2026-至今

Co-innovate 项目学生大使

昆山

- 担任苏州文化推广项目学生团队负责人，组织主要网站成果的开发
- 担任项目规划、利益相关方沟通与活动设计，推动本地文化在校园社区中的传播。
- 组织团队开发创意参与方案，包括文化活动与校园推广项目。

Duke CEO

07/2025-至今

DKU 分会成员

昆山

- 参与创业者与商业领袖交流活动，拓展对初创企业生态的理解。

昆山杜克大学 Peer for You (PFY)组织

09/2025-至今

活动策划

昆山

- 参与策划和组织学生心理健康及同伴支持活动，营造支持性校园氛围。

昆山杜克大学动物保护协会

09/2025-至今

医疗团队成员

昆山

- 流浪猫救助与动物福利相关工作。
- 协助基础医疗照护、动物转运及与当地兽医机构的协调。

贵州铜仁支教项目

05/2026

支教志愿者

铜仁

- 设计并实施互动式教学方案，提高学生课堂参与度和学习兴趣
- 根据当地教育资源情况，调整教学内容与节奏，提升教学适配性
- 组织课后辅导与学习支持，帮助学生巩固基础知识并改善学习习惯

附加信息

语言：中文（母语）英语（雅思 7.5）

奖项荣誉：1/4 奖学金

兴趣爱好：羽毛球、烘焙、中国戏曲、中国舞、健身