BETTY ALLEN

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PROFESSIONAL SUMMARY

Public health professional with an MPH specialization in Health Promotion, Education, and Evaluation and experience supporting research, program evaluation, grant research, community outreach, and operational safety. Skilled in developing clear reports, coordinating programs, assessing organizational needs, and applying evidence-based approaches to support community well-being and effective program delivery.

CORE SKILLS

Program Coordination • Program Evaluation • Health Promotion • Community Outreach • Grant Research and Writing • Research Methods • Data Collection and Reporting • Quantitative Analysis • Public Education • Stakeholder Communication • Environmental Health • Safety Monitoring • Risk Identification • Regulatory Compliance Support

PROFESSIONAL EXPERIENCE

Grant Research and Program Support Intern

The Grant Writing Firm | May 2026 – August 2026

- Conducted more than five organizational capacity assessments and targeted grant research to identify funding opportunities aligned with nonprofit programs, organizational strengths, and eligibility requirements.
- Assessed organizational strengths and gaps and developed evidence-informed recommendations to support grant readiness and long-term sustainability.
- Prepared grant research reports and funding strategy summaries; reviewed deliverables for accuracy, completeness, and alignment with client requirements.

Recreation Assistant

U.S. Navy, Morale, Welfare and Recreation (MWR) | July 2017 – Present

- Coordinate health, wellness, and recreational programs that support community participation and well-being.
- Track engagement and program information for more than 20 recurring events annually to support planning and evaluation.
- Conduct routine facility observations and report maintenance needs, safety concerns, and potential hazards.
- Monitor inventory and equipment to support operational readiness and safe program implementation.

Docent Intern

Trinidad Museum Society | August 2016 – December 2016

- Delivered educational presentations and guided tours for diverse audiences.
- Assisted with public events, community outreach, and educational programming.
- Contributed to biannual newsletters and catalogued received artifacts.

EDUCATION

Master of Public Health (MPH), Health Promotion, Education, and Evaluation

Claremont Graduate University | August 2026

Bachelor of Arts (BA), Anthropology

Humboldt State University | May 2017

CSU Transfer Studies

Ventura College | July 2016

SELECTED ACADEMIC & RESEARCH PROJECTS

Urban Heat Island Effect and Cardiovascular Health Risks Among Black Construction Workers in Atlanta, Georgia

- Reviewed research on heat stress, environmental risk factors, and occupational cardiovascular health; applied public health research methods to develop intervention and policy recommendations.

Naloxone Distribution Project Evaluation Plan

- Developed a mixed-methods evaluation plan and logic model to assess program outcomes and inform community-based naloxone distribution and harm-reduction strategies.

Air Quality Risk Assessment and Mitigation Plan — Ventura County

- Reviewed environmental health data and regulatory frameworks to identify community air-quality risks; prepared a mock grant proposal and presentation.

Community Garden Participation and Dietary Health Research Proposal

- Designed a research proposal and evaluation framework using survey methods and dietary behavior measures.

K-Pop: Interactions Within the Fan Community

- Conducted qualitative research and content analysis on social interaction, identity, and group dynamics in fan communities.

CERTIFICATION

Social and Behavioral Research Basic/Refresher — CITI Program