

SUMMARY

Amanda Aldeghi is a behavioral health leader with deep expertise in youth-centered program development and systems change. With a decade of hands-on experience developing and delivering behavioral health and educational programs, she specializes in participatory program design, impact and outcome measurement, mentorship, and outreach efforts for children and youth services. Amanda combines a community psychology foundation with practical project management skills to transform behavioral health systems for underserved communities. Recognized for proactive, adaptive leadership and ability to thrive in fast-paced, cross-cultural ecosystems, her democratic leadership style and relationship-building strengths enable her to create collaborative environments where people with lived experiences actively shape decisions that affect them, resulting in sustainable programs with high-impact storytelling across diverse audiences.

AREAS OF EXPERIENCE

- Strategic Planning
- Leadership & Mentoring
- Program Design & Evaluation
- Human-Centered Design & Innovation
- Project Management & Process Improvement
- Cultural Competence & Equity
- Behavioral Health & Youth Mental Well-Being
- Training & Workforce Development
- Community Outreach & Engagement
- Stakeholder Communication

PROFESSIONAL EXPERIENCE

KAI Partners, Inc.

Roseville, CA

Lead Project Manager

12/2022 – Present

California Department of Public Health (CDPH) – Children and Youth Behavioral Health Initiative (CYBHI)

- Spearheaded a cross-cultural youth-led program embedded within a \$6.3M contract under the broader \$4B+ Children and Youth Behavioral Health Initiative (CYBHI), aimed at transforming public behavioral health attitudes, perspectives, and systems across California.
- Established and facilitated the Youth Co-Lab advisory board from the ground up, recruiting and onboarding 20+ youth participants across California and maintaining a 71.4% participant retention rate..
- Leads strategic planning and execution of multi-stakeholder meetings with public, private, and NGO partners, and youth-led professional development sessions, ensuring meaningful partner collaboration and consistent alignment with departmental goals.
- Cultivates growth and mentorship of 20+ youth participants dedicated to innovation and equity in youth-focused programming.
- Manages project management cycle activities, including development of project plans, timelines, risk mitigation strategies, budget and performance tracking; regularly interfaces with client and partner agencies to meet evolving program needs.
- Builds and sustains a robust statewide partnership network, resulting in 200+ applications and collaborations with various community organizations to drive equity-focused outreach and long-term sustainability.
- Facilitates weekly team and client meetings; leads interview and selection process for youth participants; develops newsletters, graphics, and public-facing materials to communicate measurable community impact.
- Provides technical assistance and knowledge transfer to staff and regional partners, supporting onboarding and training.

California Mental Health Services Authority (CalMHSA)

Sacramento, CA

Peer Program Specialist

07/2022 – 06/2023

- Implemented California's Medi-Cal Peer Support Specialist Certification program, resulting in 1,400+ certified peer professionals and expanding the state's behavioral health workforce by \$54M.
- Managed the program's public-facing webpage, including frequent updates, accessibility enhancements, and creation of a robust knowledge base and digital resource library to guide candidates through the certification process.
- Created and maintained social media content to expand program reach and ensure timely dissemination of updates, deadlines, and workforce development opportunities.
- Provided subject matter quality assurance of curricula and marketing materials for peer specialization tracks (e.g., Justice-Impacted, Transition Age Youth), ensuring cultural responsiveness and ethical alignment.
- Oversaw the time-sensitive "grandparenting" process to transition experienced peer workers before statutory deadlines, promoting workforce equity and continuity of care.
- Contributed to infrastructure design for California's first Medi-Cal-reimbursable peer workforce, laying the groundwork for leveraging federal Medicaid funding to scale lived-experience-informed services statewide.

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- Co-developed program policies and procedures with peer experts and system stakeholders to reduce workforce inequities and improve implementation fidelity.
 - Collaborated on multi-stakeholder engagement strategies and facilitation of town halls to advance SB 803 implementation; contributed to resource development aligned with Peer Certification Registry support needs.

**Capital Star Community Services
Sacramento, CA**

**Outreach Specialist (formerly Senior Mental
Health Worker / Counselor)
03/2019 – 07/2022**

- Delivered clinical care, peer-informed support, and crisis triage services to Transition Age Youth (TAY), ages 16–25, as part of Sacramento County's Youth Help Network (YHN) — a \$4M county-funded behavioral health initiative focused on early intervention, equitable access, and reducing psychiatric hospitalizations among historically underserved youth.
- Implemented a decentralized, trauma-informed outreach model reaching approximately 400 youth annually, combining mobile street outreach, co-located drop-in services, and digital engagement through a centralized hotline, monitored website, and youth-facing social media platforms.
- Designed and launched the program's comprehensive digital engagement strategy, developing culturally responsive, stigma-reducing content across Instagram and Facebook that grew to 1,000+ followers while hosting live events addressing BIPOC, LGBTQIA+, and systems-impacted youth mental health needs and connecting them to community resources.
- Conducted intake assessments, safety planning, and triage using standardized risk screening tools; submitted "Fast Pass" service requests and directly accompanied youth to same-day mental health and housing provider appointments.
- Co-designed and co-facilitated the agency's Youth Advisory Board, embedding lived experience into service delivery strategy and leading psychoeducational workshops on systems navigation, peer support, and self-advocacy.
- Built and maintained trusted relationships with LGBTQIA+ youth, youth in foster care, unhoused youth, and justice-impacted populations; provided culturally competent support aligned with client identities and community norms.
- Represented the program in stakeholder convenings and cross-sector collaborations, advocating for systemic improvements and building referral pipelines to expand care options and reduce barriers to services.
- Led data collection and outcome tracking aligned with program goals to increase timely access to care, reduce repeat crises, and promote youth-driven ideas.

**Center for Social Dynamics
Sacramento, CA**

**Program Supervisor (Behavior Analyst)
11/2016 – 03/2019**

- Provided clinical design and oversight of in-home ABA programs for children and youth ages 2–18 with autism and developmental disabilities, ensuring evidence-based interventions and family-centered care.
- Supervised a multidisciplinary team of 15+ Behavior Specialists, leading recruitment, onboarding, training, and ongoing performance evaluations to ensure high-quality service delivery compliant with treatment protocols.
- Conducted functional behavioral assessments, authored individualized treatment plans, and monitored client progress using data-driven evaluation tools; adjusted programming based on measurable outcomes and family feedback.
- Delivered caregiver coaching and family training to support generalization of skills and strengthen protective factors in home environments, fostering collaboration between families, providers, and school systems.
- Served as the primary agency liaison in IEP meetings, multidisciplinary planning sessions, and community convenings to advocate for client rights, service coordination, and appropriate educational placements.
- Led professional development for staff on behavioral strategies, clinical documentation, ethical care, and trauma-informed approaches; created internal tools to improve clinical consistency across regional teams.
- Collaborated with regional leadership to improve clinical workflows, reduce staff burnout, and strengthen client retention — resulting in improved continuity of care and overall satisfaction among enrolled families.

**Extraordinary Families
Los Angeles, CA**

**Youth in Transition Program Intern
01/2016 – 06/2016**

- Completed graduate-level Community Psychology field internship supporting transition-aged foster youth through a co-mentoring, youth-led program grounded in permanency and resilience-focused practices.
- Co-facilitated weekly peer support circles and council sessions to strengthen youth self-advocacy, social connection, and emotional well-being during the transition out of foster care.
- Designed and implemented a trauma-informed childcare pilot program to expand access for parenting youth; recruited, trained, and supervised the childcare team while ensuring program alignment with licensing and equity standards.
- Orchestrated a strategic policy implementation plan to support Assembly Bill 403, aimed at improving permanency outcomes for older foster youth; evaluated outcomes for alignment with organizational mission and state mandates.

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- Collaborated with cross-disciplinary staff, community partners, and youth to build inclusive programming that honored lived experience and centered youth voice in service design.

IvyMax

San Marino, CA; Beijing & Ningxia, China

Teacher & Summer Camp Counselor

01/2015 – 01/2016

- Taught English and Psychology courses to students in grades Pre-K through 12, adapting curricula to diverse learning needs while incorporating social-emotional learning and public health themes.
- Led 19 high school students through a two-week international public health leadership program in both urban Beijing and rural Ningxia, facilitating service-learning projects and cultural immersion.
- Developed and delivered health education content focused on hygiene, nutrition, and disease prevention in collaboration with local communities and healthcare providers.
- Mentored students through team-based learning that emphasized cultural humility, global health awareness, and public service; provided individualized coaching on college admission writing.
- Promoted continuous learning and safety throughout the international program.

CIVIC

- The College for Behavioral Health Leadership – Member (May 2025 – Present)
- California Coalition for Youth (CCY) – Member (July 2024 – Present)
- Sacramento Metro EDGE – Member (June 2024 – Present)
- Society for Community Action and Research (SCRA 27) – Member (November 2019 – Present)
- Sac Kids First Coalition (Measure L) – Advocacy Member (May 2022 – November 2022)
 - Contributed to the implementation of Measure L, establishing the Sacramento Children's Fund, dedicated to prevention and positive youth development initiatives for children and youth under 25.

EDUCATION

- Master of Arts in Psychology - Applied Community Psychology (Antioch University, Los Angeles)
- Bachelor of Arts in Psychology (University of California, Riverside)

CERTIFICATIONS

- Certified Scrum Master (Scrum Alliance)
- Certified Scrum Product Owner (Scrum Alliance)
- Human Centered Systems Thinking (IDEO U)
- Designing for Change (IDEO U)
- Leading Complex Projects (IDEO U - *In Progress*)
- Transition to Independence (TIP) Process Model (Stars Training Academy)
- Council for Educators – Level 1 Facilitator (Center for Council)
- Council – Level 1 Training (Beyond Us & Them)